



# THE VINES RESORT & SPA

**TRAVEL+**  
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**#15** RESORT IN  
SOUTH AMERICA

# THE VINES RESORT & SPA

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## Activities at The Vines Resort & Spa and surrounding area



Welcome to The Vines Resort & Spa. Whether your ideal adventure is an interesting bottle of wine or a trek in the mountains, our Uco Valley is rich with options. These adventures range from wine tastings at boutique and established wineries to savoring exquisite regional cuisine, to hiking, riding or even our fly fishing clinic. Below is just a taste of what we suggest. Our concierge team is available to discuss all the options.

### CULINARY EXPERIENCES



#### **Francis Mallmann's Siete Fuegos Restaurant**

Internationally acclaimed chef Francis Mallmann creates inspired regional dishes, showcasing Argentina's world-famous meat and produce. Siete Fuegos, or "seven fires," describes Mallmann's collection of open-flame cooking techniques, inspired by Argentine gauchos and European migrations, and refined over hundreds of years. From our gardens and the surrounding vineyards, we proudly bring you a natural bounty of local seasonal ingredients and exceptional Argentine wines. Savor the rustic, fiery flavors of specialties like our slow-grilled rib eye, salt-encrusted fish, and grilled seasonal fruits, each paired with award-winning boutique wines.

### **Siete Fuegos Experience**

Dine at our enormous 28-seat shared table in our outdoor kitchen, the “Patio de Fuegos”, with a full view of the chef as he works. Enjoy watching each of Chef Mallmann’s seven famed techniques executed to perfection, artfully presented and carefully paired with hand-selected boutique Argentine wines.

### **Chef’s Table**

Sit at our private table for two right in the middle of the action and with a clear view of our chef as he prepares the evening’s meals. Our expert sommelier will pair a different fascinating Argentine wine with each course.

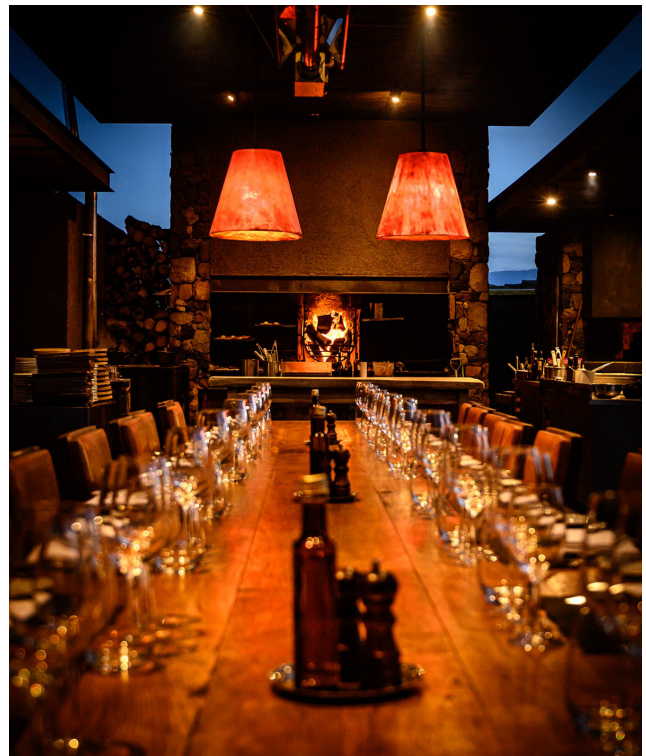
### **Romantic Vineyard Dinner**

Enjoy an unforgettable private dinner for two, surrounded by vines and under the stars.

48-hour advance reservation required.

### **Empanada Making Class**

Learn how to prepare the authentic version of one of the country’s emblematic delicacies with one of our chefs.



## SPA ACTIVITIES



### Gymnasium

Enjoy a workout overlooking the vineyards and with inspiring views of the towering Andes. Our gym features state-of-the-art exercise machines, treadmills and free weights.

### Yoga

Relax and rejuvenate with a one-hour yoga class in our spa. All levels are welcome.

### Relaxing Aromatic Massage

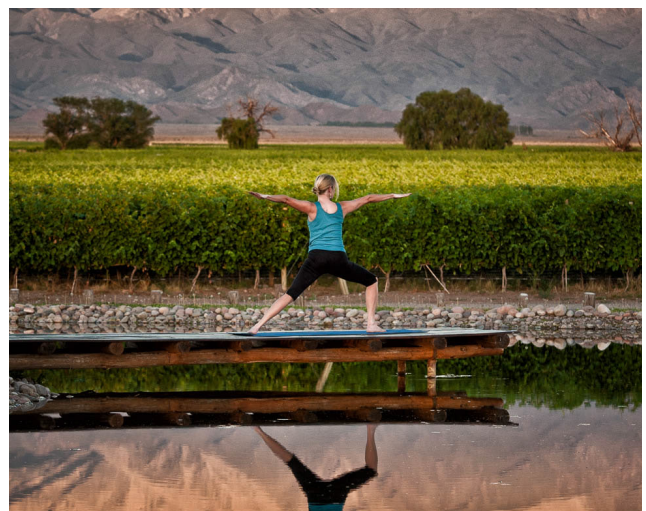
Elevated with a carefully curated blend of essential oils designed to promote relaxation, this full-body treatment focuses on releasing tension and rejuvenating your physical and emotional well-being.

For 50 and 70 minutes.

### Deep Tissue Massage

Experience profound relaxation with this invigorating full-body massage. A precise fusion of pressure and tension release techniques will target and alleviate deep-seated muscle knots, leaving you refreshed in both body and mind.

For 50 and 70 minutes.



### Lymphatic Massage

Enjoy a gentle massage designed to stimulate both blood and lymphatic circulation, thus facilitating a natural detoxification process in your body. The benefits of this treatment are remarkable, including the reduction of fluid retention and swelling, the activation of blood and lymphatic flow to enhance tissue circulation and oxygenation.

For 70 minutes.

### Express Massage

Thirty minutes of pure pampering that will leave you relaxed and invigorated. You know you deserve it, and you can't say you don't have time for it.

For 30 minutes.

### In-Villa Massage

Your choice of a deep-tissue or a relaxing massage, all within the comfort and privacy of your own villa.

For 60 minutes.

### Facial Hydration with Lavender

Through a gentle facial and neck massage, combined with the relaxing sensations of lavender, this treatment invites you to experience tranquility and enhance the natural beauty of your skin.

For 50 minutes approx.

### Hydrating Body Experience

This treatment purifies and revitalizes the skin, providing deep hydration by removing unnecessary cells, and allowing new cells to flourish. The result is rejuvenated, radiant, and revitalized skin.

You can choose from the following experiences:

- Hydrating Experience with cocoa butter, shea butter, and coconut oil.
- Hydrating Experience with rosemary and olive oil.
- Hydrating Experience with grape seed oil and exfoliating grape flour.

For 80 minutes approx.

### Others

- Manicure
- Pedicure
- Nail polish change
- Blowout or hair styling

Prices are given upon request.  
48-hour advance reservation is required.



## OUTDOOR ACTIVITIES



### Bikes

A limited number of mountain bikes are available for self-guided exploration of our vineyards.

### 5K Running & Biking Trail

Our scenic 5-km running and biking trail winds through our vineyards and around the resort.

### Sunrise Horseback Ride\*

Set off under the stars on a horseback ride culminating in a breathtaking mountaintop sunrise in Mendoza's Manzano Historico. It is a guest favorite, great from October to April.

Duration: 4 hours.

### Sunset Horseback Ride\*

Enjoy a stunning sunset in Mendoza's Manzano Historico. A guest favorite, great from April to October.

Duration: 3.5 hours.

### Horseback Ride Through The Vines Vineyards\*

See the vineyards from a new perspective on this short relaxing horseback ride.

Duration: 1 hour.

### Trekking\*

Head out on a guided hike through the gorgeous mountain scenery of Mendoza's Manzano Historico; you may even get to see wild horses.

Duration: 2-3 hours.



\* Price per person, minimum 2 people.

### 4x4 Activity\*

Enjoy of a trip among our mountains on a 4x4 vehicle where you will see the emblematic paso Sanmartiniano, there the colors and the rock formations show the passing of time.

Length: 2 hours

Technical difficulty: low (it does not require previous knowledge of the eld or any special skill).

### Climbing gym

An exciting activity that involves climbing artificial walls designed to simulate different types of rocks and terrains. Enjoy this unique experience by challenging your strength and skill as you ascend vertically using strategically placed holds and grips. The climbing gym provides a safe and controlled environment for both beginners and experts, offering the opportunity to enjoy climbing without the need for prior experience on natural rocks.



**You can see the complete guide to outdoor activities by clicking [HERE](#).**

\* Price per person, minimum 2 people.



## WINE EXPERIENCES

### VINES TO GO

Our tasting room at The Vines Resort & Spa, “Vines to Go,” is ready to receive guests to taste many of the award-winning wines that are produced on the estate. This sales and tasting room is devoted exclusively to exhibiting, sampling and selling the wines of our Private Vineyard Owners.

### Blending Session

Create your own custom Uco Valley wine. Taste and learn about single varietal wines, and experiment with different compositions by creating unique blends and even hand-bottling your own personal wine.

Includes: Guided tasting of barrel samples of different varietals + 1 custom 500ml bottle of the selected blended wine to take home, per couple.

Availability upon request.

### Winemaking Camp

Spend the day getting your hands dirty and learning to make wine by harvesting grapes, doing berry tasting and selection, sorting bunches, participating in punchdowns and even doing some good old fashioned grape stomping.

Then taste and inspire your palate with wine tastings before enjoying an authentic asado (and more wines).

Available from March to April (estimated dates).

Includes Argentine asado and wines from The Vines.

### Grape Varietal Discovery

A tasting of different varietals grown on our 1,500-acre Uco Valley vineyard estate, and led by our wine specialists. Learn how to engage your senses, blind taste, and challenge yourself.

Includes a Sensory Kit.

### Oak & Wine

Learn about the various and profound influences oak has on the aromas, flavors and textures found in wine as well as its effect on the aging process. Taste a range of barrel samples, including our limited production 100% barrel fermented wine.



### Winemakers' Village

Transfer provided by The Vines of Mendoza.

An unmatched opportunity to visit a collection of boutique wineries, the personal projects of some of the best winemakers in Argentina and the Napa Valley, all in one place (and located right at the entrance of The Vines of Mendoza).

### Gimenez Riili

The Gimenez Riili family has made high-end wines in Mendoza for over 70 years. The winery offers traditional multi-course lunch tasting menus and special sunset dinners.

Our Wine Pick: Padres Dedicados Cabernet Franc.

\*Tasting.

\*Lunch or dinner.



### Solo Contigo

This luxurious winery, designed by famed architects Bormida & Yanzon, features a variety of spectacular modern art. They also offer several different tastings of their award-winning Solo Contigo wines.

Our Wine Pick: Premium Malbec 2012.

\*Tasting.



### Corazón del Sol

Here you can enjoy a private tasting showcasing the winery's intriguing Rhone and Bordeaux varietals. Owner Dr. Revana of Napa and Willamette Valley fame came to the Uco Valley to create this one-of-a-kind winery, and you'll understand why when you taste these gems.

Our Wine Pick: Luminoso

Grenache-Syrah-Mourvèdre Rhone Blend.

\*Tasting.



### SuperUco

Spend time with Mendoza's creative geniuses, the Michelini Brothers, in their biodynamic SuperUco winery. At this unique winery, you will taste their award-winning wines, learn about their lunar calendar-based wine production process, and walk through their impeccably tended vineyards.

Our Wine Pick: Via Revolucionaria Bonarda.

\*Tasting.

\*Lunch or dinner.



## La Vigilia

Bodega La Vigilia is an Argentine project. It aims to disconnect you from the world and connect you with the here and now. You'll be able to enjoy activities at its winery and a great culinary experience at Rope.

Our Wine Pick: La Espera Cabernet Franc

\*Tasting.

\*Lunch or dinner.



## Activities elsewhere in The Uco Valley



Wine tours for two people to these Vines favorite wineries (or any others you may have discovered on your own) are available, including lunch if you wish, and a private driver can be arranged for an extra cost (please inquire).

## CULINARY & WINE EXPERIENCES

### Salentein

[www.bodegasalentein.com](http://www.bodegasalentein.com)

Grand production meets high style at this magnificent cross-shaped steel and concrete monument to winemaking. Guides conduct dramatic tastings from behind an impressive marble altar.

\*Tasting.

\*Lunch.

### Zuccardi Valle de Uco

[www.zuccardiwines.com](http://www.zuccardiwines.com)

A powerful stone structure, this winery is beautifully integrated into the mountains, drawing in elements from nature to showcase the winemaker's focus on the earth. You can enjoy a 4-course prix fixe lunch of expertly prepared regional products.

\*Tasting.

\*Lunch.

### Alfa Crux

[www.agostinowinegroup.com/vinos-alfa-crux](http://www.agostinowinegroup.com/vinos-alfa-crux)

Named after the brightest star in the mystical Cruz del Sur constellation, Alfa Crux was designed in perfect harmony with the earth and its magical surroundings. The historic lots of the place are the perfect assembly that shows harmony with the land and its magical surroundings. In your gastronomic experience, it is an invitation to all the senses.

\*Lunch and tasting.

### **Finca Adelma**

[www.fincaadelma.com.ar](http://www.fincaadelma.com.ar)

Finca Adelma, nestled in the beautiful Tupungato Valley in Mendoza, has chosen this corner as the source of its grapes for the Great Argentine Malbec. At an altitude of 1100 meters, this valley offers the perfect climate and unique soil that highlights the qualities of the Malbec variety. The distinctive notes of Finca Adelma come from this exceptional environment, solidifying its place among the best wine regions in the world.

\*Lunch and tasting.

### **Domaine Bousquet**

[www.domainebousquet.com](http://www.domainebousquet.com)

One of Argentina's leading organic wine producers and exporters, Domaine Bosquet's restaurant, Gaia, is the Uco Valley favorite for its flavorful lunch and beautiful mountain views. They offer a frequently updated 4-6 course menu, with wine pairings for each course.

\*Tasting.

\*Lunch.

### **Andeluna**

[www.andeluna.com.ar](http://www.andeluna.com.ar)

Designed in the style of a large French chateau, Andeluna offers stunning mountain views and vines as far as the eye can see. The winery also offers a gourmet lunch during which you can experience authentic Argentine cuisine created in the warm exhibition-style kitchen.

\*Lunch and tasting.

### **Clos De Los Siete**

[www.closdelossiete.com](http://www.closdelossiete.com)

Made up of four different French wineries: Monteviejo, Cuvelier Los Andes, DiamAndes, and Michel's own winery Bodega Rolland. You will feel as if you are on a French-Argentine-tasting odyssey.

\*Tasting.

### **Bodega DiamAndes**

[www.diamandes.com](http://www.diamandes.com)

Bodega DiamAndes features tailormade activities for wine and nature lovers. Discover their unique circular barrel-cellar crypt, tasting rooms, and a 40-seat auditorium.

\*Tasting.

\*Lunch.

### **Monteviejo**

[www.monteviejo.com.ar](http://www.monteviejo.com.ar)

Monteviejo's restaurant boasts a warm ambiance and an exceptional view of the vineyards and Andes mountain range from its terraces. Visitors have the opportunity to taste the fine wines that are Monteviejo's hallmark.

\*Tasting.

\*Lunch.

### **Bodega Rolland**

[www.rollandcollection.com](http://www.rollandcollection.com)

Rolland's own winery is a "cube" featuring modern technology and a design and functionality that other winemakers dream about.

\*Tasting.

## Activities in Luján de Cuyo & Maipú



Wine tours for two people to these Vines favorite wineries (or any others you may have discovered on your own) are available, including lunch if you wish, and a private driver can be arranged for an extra cost (please inquire).

## CULINARY & WINE EXPERIENCES

### Catena Zapata

[www.catenazapata.com](http://www.catenazapata.com)

The story of Catena is the story of Argentine wine.

Founded in 1902, Argentina's Bodega Catena Zapata is known for its pioneering role in resurrecting Malbec and in discovering extreme high altitude terroirs in the Andean foothills of Mendoza.

The family's Adrianna Vineyard at almost 5,000 feet elevation has been called the Grand Cru of South America.

It's a must that can't be missed!

\*Tasting.

### **Casa Vigil**

[www.enemigowines.com](http://www.enemigowines.com)

Casa Vigil, owned and run by renowned winemaker Alejandro Vigil, offers tourists an especially charming mixture of the landscape of Maipu (one of Mendoza's most traditional wine-growing regions), the avant-garde aesthetic of its construction and a menu that makes you feel like you're in a good friend's home.

\*Tasting.

\*Lunch.

### **Lagarde**

[www.lagarde.com.ar](http://www.lagarde.com.ar)

Discover the magical atmosphere at this century-old winery, learning about every step of the winemaking process and strolling through the enchanted vineyards. The restaurant provides a unique culinary experience using local cooking techniques like cooking with fire and adobe ovens.

\*Tasting.

\*Lunch.

### **Susana Balbo**

[www.susanabalbowines.com.ar](http://www.susanabalbowines.com.ar)

This family winery at the foot of the Andes specializes in crafting high quality wines. Founded in 1999 by Susana Balbo, the pioneering first female winemaker in Argentina, the winery represents a fusion of tradition and modernity. The heart, distinctive symbol of the winery, encapsulates courage, passion and the union that defines Susana Balbo's philosophy creating wines that transcend the palate to tell a story of dedication and excellence.

\*Lunch and tasting.

### **Matervini**

[www.matervini.com](http://www.matervini.com)

Matervini is the most recent wine adventure of the legendary Santiago Achával and Italian winemaker Roberto Cipresso. Visits to Matervini start in the vineyards and then proceed on to a brief tour of the production area and the barrel room. A can't-miss visit.

\*Tasting from.

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Notes:

\* ALL SERVICES PRESENTED IN THIS GUIDE REQUIRE PRIOR RESERVATION.

\* ALL PRICES ARE ESTIMATED

Please ask our concierges at the front desk about our additional personalized activities.