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7 HOTEL GYMS THAT WILL MOTIVATE YOU TO WORK OUT ON VACATION



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The hotel gym has hit its stride recent years. Gone are the days where you'd trek down to some windowless closet with a set of mismatched dumbbells and a treadmill that has clearly seen better days. Today's healthy-minded travelers demand a quality fitness experience, and smart hotels are finally delivering with state-of-the-art cardio equipment, boutique-style workout classes, personal training sessions and amenities galore. With hotel gyms like these, you have no more excuses to ditch your workout on a trip.

THE VINES RESORT & SPA (MENDOZA, ARGENTINA)

Start running on the Technogym treadmill at The Vines Resort & Spa and you might find yourself out of breath, fast—and it's not just because you're putting your running skills to the test. The outdoor gym floats above 1,500 acres of private vineyards in the Uco Valley set at the base of the Andes, giving athletic travelers some of the most breathtaking views in the region. The elevated fitness center also features a variety of other cardio and strength-training equipment, along with a massive climbing wall, to give guests a full-body workout. Looking to get up close with the landscape? Try the resort's in-vineyard yoga classes, or hit the running trails that weave throughout the scenic property.

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